

# Striving for "The Good Life" – What Families Can Do

Families have the first and foremost influence on the quality of life of their family member with a disability. Most families put their heart and soul into the effort, at times with great success and, at other times, with disappointing results.

Regardless of their extraordinary effort, many families are pained by the loneliness and lack of opportunity experienced by their loved one.

Many families aren't satisfied with the quality of life experienced by their family members but are uncertain what more to do.

In this workshop we will explore realistic visions of the good life for people with disabilities and what family actions are most likely to result in the good life for their family member.



A movement to support equity, opportunity, and inclusion for all with the most significant disabilities.  
Join Us!

## DATE

Saturday, March 8, 2014  
9:15 am - 12:00 noon

## COST FREE!

## LOCATION

[Bon Air Library](#)  
2816 Del Rio Place  
Louisville, KY

<http://www.lfpl.org/b ranches/bonair.htm>

## REGISTER by clicking on the link, below:

<http://bit.ly/1fERe2y>

*Problems with  
registration?* Contact:  
Judy Johns  
[judy.johns@uky.edu](mailto:judy.johns@uky.edu)

*Questions about event?*  
Contact:  
Gail Lowe  
502-228-8660

## About the presenter

Hope Leet Dittmeier, MRC, has spent the last 35 years in a variety of roles investigating the question:



*“What would it take for people to enjoy ordinary lives in lieu of life in segregation?”*

Over the years, she has developed programs specific to the needs of people thought of as challenging. Hope is the sister-in-law of a woman whose future projections were quite dire due to an early diagnosis of intellectual disability. Despite these predictions, Ann has a full and included life.